



*Live the life you want.*

## **The Professional Retreat You Need**

October 28<sup>th</sup>-30<sup>th</sup>, 2022 in Tysons Corner

With so many demands on your life—work, children, partners—you might wonder where you're supposed to find time to get away for a weekend.

Yet everyone knows you can't be your best version if you don't invest a little in yourself, and the National Federation of the Blind of Virginia's state convention could just be the right mix of work and play to help you press that reset button. Here's a taste of what you can expect:

- Learning, adapting to, and owning the power of Web 3.0
- Networking with a wide range of professionals against structured and casual settings
- Engaging with the best in assistive technology exhibits
- Tapping a robust thought leadership in workplace advocacy
- Stimulating the mind with a series of self-defense and fitness workshops
- Challenging yourself with a fun adventure from a fully accessible escape room

The 64th annual state convention is going to push you to grow your network and reinvent yourself in the company of new friends and colleagues. We can't wait to meet and greet you.

**To learn more, visit [nfbv.org/convention](https://nfbv.org/convention)**

**If you have questions, contact Tracy Soforenko at 202-285-4595,  
[tracy.soforenko@gmail.com](mailto:tracy.soforenko@gmail.com)**