



NATIONAL FEDERATION
OF THE BLIND
VIRGINIA

Live the life you want.

HEAR YE! HEAR YE!

You are cordially invited to

The NFBV (National Federation of the Blind of Virginia) Convention

The Westin at Tysons Corner, October 28th – 30th, 2022

Join us for a weekend with programming specifically designed for Seniors! Take charge of your own personal tasks- just because you are low vision or blind does not mean you need to rely on someone else.

- Learn everyday techniques to live independently, be fulfilled and enjoy life.
- Discover high- and low-tech computer and cell phone solutions.
- Participate in our Seniors' Symposium: ask questions and hear from others with similar situations.
- Learn self defense techniques geared to you.
- Experience no- or low-cost solutions and start reading your mail and newspapers comfortably again.
- Get introduced to our Silver Bells program, a low vision and blind immersion weekend
- Tempt your tastebuds and twinkle your toes during our Latin Night on Friday.
- Savor breakfast on Sunday during our Interfaith celebration and gathering.

And much more, all in a safe environment with Seniors like you! Why? Because you deserve and have earned the right to freedom, respect, and dignity!

Visit nfbv.org/convention for more information and to register.

If you have questions, call Nancy Yeager 703-283-2524 or email her at NFBVseniors@gmail.com